

**Patient Contact Information**

Today's Date \_\_\_\_\_

Last Name \_\_\_\_\_ First Name \_\_\_\_\_ Preferred to be called \_\_\_\_\_

Date of Birth \_\_\_\_\_

Gender Male/Female

Social Security Number: \_\_\_\_\_

Height \_\_\_\_\_"

Circle: Married/Single/Other

Circle: Employed/Full-time Student/Part-time Student/\_\_\_\_\_

Employer \_\_\_\_\_ Occupation \_\_\_\_\_

Language Circle: English/\_\_\_\_\_

Smoking status Current everyday smoker  Current someday smoker  Former smoker  Never smoked

Frequency  1-5 cigarettes/day  6-10 cigarettes/day  1/2 pack/day  1 pack/day  
(if current)  1 1/2 pack/day  2 pack/day  2 1/2 pack/day  3+ pack/day

Are you interested in quitting? Yes/No

Race (circle)  Decline to disclose  White  American Indian or Alaska Native  
 Asian Indian  Black, African American  Chinese  Filipino  
 Guamanian  Japanese  Korean  Samoan  
 Vietnamese  Native Hawaiian, Other Pac. Islander  
 Other Asian  Other Race

Ethnicity (circle) Decline to disclose  Not of Hispanic, Latino, or Spanish Origin  
 Puerto Rican  Another Hispanic, Latino, or Spanish  
 Cuban  Mexican, Mexican American, or Chicano

Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Home (\_\_\_\_\_) \_\_\_\_\_ - \_\_\_\_\_ Work (\_\_\_\_\_) \_\_\_\_\_ - \_\_\_\_\_ Cell (\_\_\_\_\_) \_\_\_\_\_ - \_\_\_\_\_

Email \_\_\_\_\_

**Insurance Information (if applicable)**

Insurance Company \_\_\_\_\_

Relationship to patient: Self \_\_\_\_ Spouse \_\_\_\_ Parent \_\_\_\_ (please bring a copy of your insurance card)

Name of the Insured \_\_\_\_\_ Insured's Date of Birth \_\_\_\_\_

Insurance ID # \_\_\_\_\_ Group # \_\_\_\_\_

Plan Name \_\_\_\_\_

Phone # \_\_\_\_\_

Who may we thank for referring you? \_\_\_\_\_

Have you visited www.KutyChiropractic.com? Circle: Yes/No

Spouse's Name \_\_\_\_\_

Names and Ages of Children \_\_\_\_\_

Parents/Guardians (if patient is a minor) \_\_\_\_\_

Primary Doctor (PCP) \_\_\_\_\_ Phone # \_\_\_\_\_ May we contact your Doctor? Yes/No

Do you have any open liability or work compensation claims? Yes/No

Have you ever been to a Doctor of Chiropractic for treatment? Yes/No

When? \_\_\_\_\_ What was the focus of your treatment? \_\_\_\_\_

Name \_\_\_\_\_ Date of Birth \_\_\_\_\_ Date \_\_\_\_\_

**Your Health**

What health-related concerns prompted today's visit?

- 1. \_\_\_\_\_
- 2. \_\_\_\_\_
- 3. \_\_\_\_\_
- 4. \_\_\_\_\_

Have you had any imaging or lab work related to these symptoms? Yes/No

If yes, where and when? \_\_\_\_\_

\_\_\_\_\_

**Symptom 1**

- On a scale from 0-10, with 10 being the worst, please rate your symptom: 0 1 2 3 4 5 6 7 8 9 10
  - When awake, what percentage do you experience the above symptom: 10 20 30 40 50 60 70 80 90 100
  - When did the symptom begin? \_\_\_\_\_
  - Did the symptom begin suddenly or gradually? (circle one)
  - How did the symptom begin? \_\_\_\_\_
  - What makes the symptom worse? (check all that apply)
    - Lying on back     Getting in/out of car     Housework     Walking     Standing
    - Lying on side     Gripping     Sleeping     Squatting     Sneezing
    - Turning in bed     Dressing self     Pulling     Bending forward     Coughing
    - Laying on stomach     Kneeling     Reaching     Bending backward     Reading
    - Exercise     Stretching     Computer use     Stress     Sit to Stand
    - Moving Neck     Getting in/out of bed     Moving Back     Sitting     \_\_\_\_\_
  - What makes the symptom better? (circle all that apply): Rest, ice, heat, stretching, exercise, massage, pain medication, muscle relaxers, chiropractic, nothing, Other \_\_\_\_\_
  - Describe the quality of the symptom (circle all that apply): Sharp, dull, achy, burning, throbbing, stabbing, deep, nagging, annoying, numb, tingling, stiff, swollen, Other \_\_\_\_\_
  - Does the symptom travel/radiate? (circle): yes no If yes, where? \_\_\_\_\_
  - Is it worse at certain times? (circle) Morning Afternoon Evening Night or Unaffected by time of day
- What are your goals related to this symptom? \_\_\_\_\_

**Symptom 2**

- On a scale from 0-10, with 10 being the worst, please rate your symptom: 0 1 2 3 4 5 6 7 8 9 10
- When awake, what percentage do you experience the above symptom: 10 20 30 40 50 60 70 80 90 100
- When did the symptom begin? \_\_\_\_\_
- Did the symptom begin suddenly or gradually? (circle one)
- How did the symptom begin? \_\_\_\_\_
- What makes the symptom worse? (check all that apply)
  - Lying on back     Getting in/out of car     Housework     Walking     Standing
  - Lying on side     Gripping     Sleeping     Squatting     Sneezing
  - Turning in bed     Dressing self     Pulling     Bending forward     Coughing
  - Laying on stomach     Kneeling     Reaching     Bending backward     Reading
  - Exercise     Stretching     Computer use     Stress     Sit to Stand
  - Moving Neck     Getting in/out of bed     Moving Back     Sitting     \_\_\_\_\_
- What makes the symptom better? (circle all that apply): Rest, ice, heat, stretching, exercise, massage, pain medication, muscle relaxers, chiropractic, nothing, Other \_\_\_\_\_

Name \_\_\_\_\_ Date of Birth \_\_\_\_\_ Date \_\_\_\_\_

- Describe the quality of the symptom (circle all that apply): Sharp, dull, achy, burning, throbbing, stabbing, deep, nagging, annoying, numb, tingling, stiff, swollen, Other \_\_\_\_\_
  - Does the symptom travel/radiate? (circle): yes no If yes, where? \_\_\_\_\_
  - Is it worse at certain times? (circle) Morning Afternoon Evening Night or Unaffected by time of day
- What are your goals related to this symptom? \_\_\_\_\_
- 

**Symptom 3** \_\_\_\_\_

- On a scale from 0-10, with 10 being the worst, please rate your symptom: 0 1 2 3 4 5 6 7 8 9 10
  - When awake, what percentage do you experience the above symptom: 10 20 30 40 50 60 70 80 90 100
  - When did the symptom begin? \_\_\_\_\_
  - Did the symptom begin suddenly or gradually? (circle one)
  - How did the symptom begin? \_\_\_\_\_
  - What makes the symptom worse? (check all that apply)  

<input type="checkbox"/> Lying on back	<input type="checkbox"/> Getting in/out of car	<input type="checkbox"/> Housework	<input type="checkbox"/> Walking	<input type="checkbox"/> Standing
<input type="checkbox"/> Lying on side	<input type="checkbox"/> Gripping	<input type="checkbox"/> Sleeping	<input type="checkbox"/> Squatting	<input type="checkbox"/> Sneezing
<input type="checkbox"/> Turning in bed	<input type="checkbox"/> Dressing self	<input type="checkbox"/> Pulling	<input type="checkbox"/> Bending forward	<input type="checkbox"/> Coughing
<input type="checkbox"/> Laying on stomach	<input type="checkbox"/> Kneeling	<input type="checkbox"/> Reaching	<input type="checkbox"/> Bending backward	<input type="checkbox"/> Reading
<input type="checkbox"/> Exercise	<input type="checkbox"/> Stretching	<input type="checkbox"/> Computer use	<input type="checkbox"/> Stress	<input type="checkbox"/> Sit to Stand
<input type="checkbox"/> Moving Neck	<input type="checkbox"/> Getting in/out of bed	<input type="checkbox"/> Moving Back	<input type="checkbox"/> Sitting	<input type="checkbox"/> _____
  - What makes the symptom better? (circle all that apply): Rest, ice, heat, stretching, exercise, massage, pain medication, muscle relaxers, chiropractic, nothing, Other \_\_\_\_\_
  - Describe the quality of the symptom (circle all that apply): Sharp, dull, achy, burning, throbbing, stabbing, deep, nagging, annoying, numb, tingling, stiff, swollen, Other \_\_\_\_\_
  - Does the symptom travel/radiate? (circle): yes no If yes, where? \_\_\_\_\_
  - Is it worse at certain times? (circle) Morning Afternoon Evening Night or Unaffected by time of day
- What are your goals related to this symptom? \_\_\_\_\_
- 

**Symptom 4** \_\_\_\_\_

- On a scale from 0-10, with 10 being the worst, please rate your symptom: 0 1 2 3 4 5 6 7 8 9 10
  - When awake, what percentage do you experience the above symptom: 10 20 30 40 50 60 70 80 90 100
  - When did the symptom begin? \_\_\_\_\_
  - Did the symptom begin suddenly or gradually? (circle one)
  - How did the symptom begin? \_\_\_\_\_
  - What makes the symptom worse? (check all that apply)  

<input type="checkbox"/> Lying on back	<input type="checkbox"/> Getting in/out of car	<input type="checkbox"/> Housework	<input type="checkbox"/> Walking	<input type="checkbox"/> Standing
<input type="checkbox"/> Lying on side	<input type="checkbox"/> Gripping	<input type="checkbox"/> Sleeping	<input type="checkbox"/> Squatting	<input type="checkbox"/> Sneezing
<input type="checkbox"/> Turning in bed	<input type="checkbox"/> Dressing self	<input type="checkbox"/> Pulling	<input type="checkbox"/> Bending forward	<input type="checkbox"/> Coughing
<input type="checkbox"/> Laying on stomach	<input type="checkbox"/> Kneeling	<input type="checkbox"/> Reaching	<input type="checkbox"/> Bending backward	<input type="checkbox"/> Reading
<input type="checkbox"/> Exercise	<input type="checkbox"/> Stretching	<input type="checkbox"/> Computer use	<input type="checkbox"/> Stress	<input type="checkbox"/> Sit to Stand
<input type="checkbox"/> Moving Neck	<input type="checkbox"/> Getting in/out of bed	<input type="checkbox"/> Moving Back	<input type="checkbox"/> Sitting	<input type="checkbox"/> _____
  - What makes the symptom better? (circle all that apply): Rest, ice, heat, stretching, exercise, massage, pain medication, muscle relaxers, chiropractic, nothing, Other \_\_\_\_\_
  - Describe the quality of the symptom (circle all that apply): Sharp, dull, achy, burning, throbbing, stabbing, deep, nagging, annoying, numb, tingling, stiff, swollen, Other \_\_\_\_\_
  - Does the symptom travel/radiate? (circle): yes no If yes, where? \_\_\_\_\_
  - Is it worse at certain times? (circle) Morning Afternoon Evening Night or Unaffected by time of day
- What are your goals related to this symptom? \_\_\_\_\_
-

Name \_\_\_\_\_ Date of Birth \_\_\_\_\_ Date \_\_\_\_\_

**Medical History** (check all that apply)

Birth Defect                       High blood pressure                       Weakness                       Swelling  
 Cancer                               Obesity                               Headache                      \_\_\_\_\_  
 High cholesterol                       Stroke                               Dizziness                      \_\_\_\_\_

**Surgical History** \_\_\_\_\_

**Women Only**

Month or year of your last: GYN/OB Exam? \_\_\_\_\_ Mammogram? \_\_\_\_\_  
Menses:  Regular  Irregular  Menopausal  Post-menopausal  Hysterectomy  
Hormone Replacement Therapy? Current/Past/No  
Are you pregnant? Yes/No \_\_\_\_\_ weeks    Are you trying to get pregnant? Yes/No

**Family History** \_\_\_\_\_

**Social History**

Rate your quality of sleep (0 none – 10 best) \_\_\_\_\_ How many hours do you sleep on average? \_\_\_\_\_  
Rate your energy level (0 none – 10 best) \_\_\_\_\_ What gives you energy? \_\_\_\_\_  
Rate your stress level (0 none – 10 high) \_\_\_\_\_ What gives you stress? \_\_\_\_\_  
How many ounces do you drink a day of:    Water? \_\_\_\_\_ Soda? \_\_\_\_\_ Coffee? \_\_\_\_\_ Tea? \_\_\_\_\_  
Alcohol use? Yes/No    Type and Frequency? \_\_\_\_\_  
Do you exercise? Yes/No    What type of exercise do you do? How often? \_\_\_\_\_  
Hobbies? \_\_\_\_\_  
How would you describe your diet? Healthy \_\_\_\_\_ So-so \_\_\_\_\_ Not good \_\_\_\_\_ Poor \_\_\_\_\_  
Are you interested in nutritional counseling? Yes/No  
Current weight? \_\_\_\_\_ Highest Lifetime Weight \_\_\_\_\_ Are you trying to lose weight? Yes/No  
How many hours a week do you work? \_\_\_\_\_ How many hours a week do you drive? \_\_\_\_\_  
Do you engage in meditation or prayer? Yes/No

**Allergies**

**Reaction**

\_\_\_\_\_  
\_\_\_\_\_

**Medications**

**Reason**

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**Vitamins, minerals, or supplements you are taking (please list brands, if known)**

\_\_\_\_\_  
\_\_\_\_\_

Name \_\_\_\_\_ Date of Birth \_\_\_\_\_ Date \_\_\_\_\_

Date of accident/incident? \_\_\_\_/\_\_\_\_/\_\_\_\_ Time? \_\_\_\_\_  a.m.  p.m.

Location? \_\_\_\_\_

You were the:  Driver  Passenger Front  Passenger Back of Driver  Passenger Back Side

You were hit from  Front  Rear-ended  Driver's Side  Passenger's Side

The other car was:  Stopped  Moving. How fast? ~ \_\_\_\_\_ mph

You were:  Stopped  Moving. How fast? ~ \_\_\_\_\_ mph

Wearing a seatbelt?  Yes  No

Airbags in the car?  Yes  No

Airbags deployed?  Yes  No

Surprised by impact?  Yes  No

You were looking:  Forward  Right  Left  Up  Down

Hit your head:  Yes- on windshield  Yes- on headrest  Yes- on steering wheel  No

Loss of consciousness?  Yes  No

If yes, how long:  Not applicable  \_\_\_\_\_  Not sure

Pain immediately?  Yes  No

Briefly explain what happened \_\_\_\_\_

Police came?  Yes  No

Paramedics came?  Yes  No

Recommended ER?  Yes  No

Did you go?  Yes  No

Traveled how?  Ambulance  Drove self  Someone took you

Saw non-ER doctor?  Yes  No

When did you go?  Just after the accident/injury  The next day  \_\_\_\_ Days later

Why did you wait to get care? \_\_\_\_\_

Was medication prescribed?  Yes  No List. \_\_\_\_\_

Did you take the medication?  Yes  No If no, why not. \_\_\_\_\_

Name of hospital and/or name of doctor \_\_\_\_\_

Were X-rays or imaging taken?  Yes  No

Describe any treatment received. \_\_\_\_\_

Is your condition  getting better  about the same  getting worse

**Have you had:**

Bruises/Contusions  Yes  No Restriction of movement  Yes  No

Muscle spasms  Yes  No Nausea  Yes  No

Dizziness  Yes  No Vision disturbances  Yes  No

Radiating pain (traveling pain)  Yes  No Depression  Yes  No

Headache  Yes  No Anxiety  Yes  No

Have you lost time from work?  Yes  No Fear of Driving  Yes  No

Are your work activities restricted as a result of this injury?  Yes  No

Please describe:

To whom have you made a report of your injury?

Auto Insurance  Employer  Attorney  Other \_\_\_\_\_

What is your attorney's name and number? \_\_\_\_\_

Name \_\_\_\_\_ Date of Birth \_\_\_\_\_ Date \_\_\_\_\_

**Review of Systems: Please note to mark "None" in each section if applicable.**

**Pulmonary (Lung)**  Allergies  Asthma  Difficulty breathing  COPD  Emphysema  
 Other \_\_\_\_\_  **None**

**Cardiovascular (Heart)**  Heart surgeries  Congestive heart failure  Murmurs or valve disease  Heart attacks  Heart disease/problems  Hypertension  Pacemaker  Angina/chest pain  Irregular heartbeat  
 Other \_\_\_\_\_  **None**

**Neurological (Nerve)**  Loss of vision  One-sided weakness of face or body  History of seizures  One-sided decreased feeling in the face or body  Headaches  Memory loss  Tremors  Vertigo  Loss of sense of smell  Strokes/TIAs  Other \_\_\_\_\_  **None**

**Endocrine (Hormone)**  Thyroid disease  Hormone replacement therapy  Steroid replacements  Diabetes  
 Other \_\_\_\_\_  **None**

**Renal (Kidney)**  Renal stones  Blood in the urine  Loss of bladder control  Bladder Infections  
 Difficulty urinating  Kidney disease  Dialysis  Other \_\_\_\_\_  **None**

**GI (Stomach)**  Nausea  Difficulty swallowing  Ulcerative disease  Abdominal pain  Hernia  
 Constipation  Diarrhea  Pancreatic disease  Irritable bowel  Liver disease  Bloody stool  Vomiting  
 Loss of bowel control  Heartburn  Other \_\_\_\_\_  **None**

**Blood**  Anemia  Regular anti-inflammatory use (Motrin/Ibuprofen/Naproxen/Naprosyn/Aleve)  HIV  
 Abnormal bruising  Sickle-cell  Enlarged lymph nodes  Hemophilia  Blood clots  Blood thinners  
 Regular aspirin use  Other \_\_\_\_\_  **None**

**Dermatological (Skin)**  Significant burns  Significant rashes  Psoriasis  Other \_\_\_\_\_  **None**

**Musculoskeletal (Bone/Muscle)**  Osteopenia  Osteoporosis  Rheumatoid  Gout  Osteoarthritis  Broken bones  Spinal fracture  Spinal surgery  Joint surgery  Arthritis  Scoliosis  Metal implants  
 Jaw pain  Other \_\_\_\_\_  **None**

**Psychological**  Alcohol Abuse  Drug Abuse  Anxiety  Depression  Suicidal  Bipolar  Schizophrenia  Psychiatric diagnosis  
 Psychiatric hospitalizations  Other \_\_\_\_\_  **None**

To what extent are you open to changes to help you improve your health and wellness?  
(circle) Eager/ Receptive/ Resistant/ Other \_\_\_\_\_

Do you have any other concerns about your visit today? \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

*I certify that I have answered truthfully and to the best of my ability.*

**Printed Name** \_\_\_\_\_ **Date** \_\_\_\_\_

**(sign)** \_\_\_\_\_ **(parent/guardian sign)** \_\_\_\_\_

## Discomfort Diagram

Use the letters below to indicate the type and location of your sensations right now:

**A = Achy**

**D = Pins and Needles**

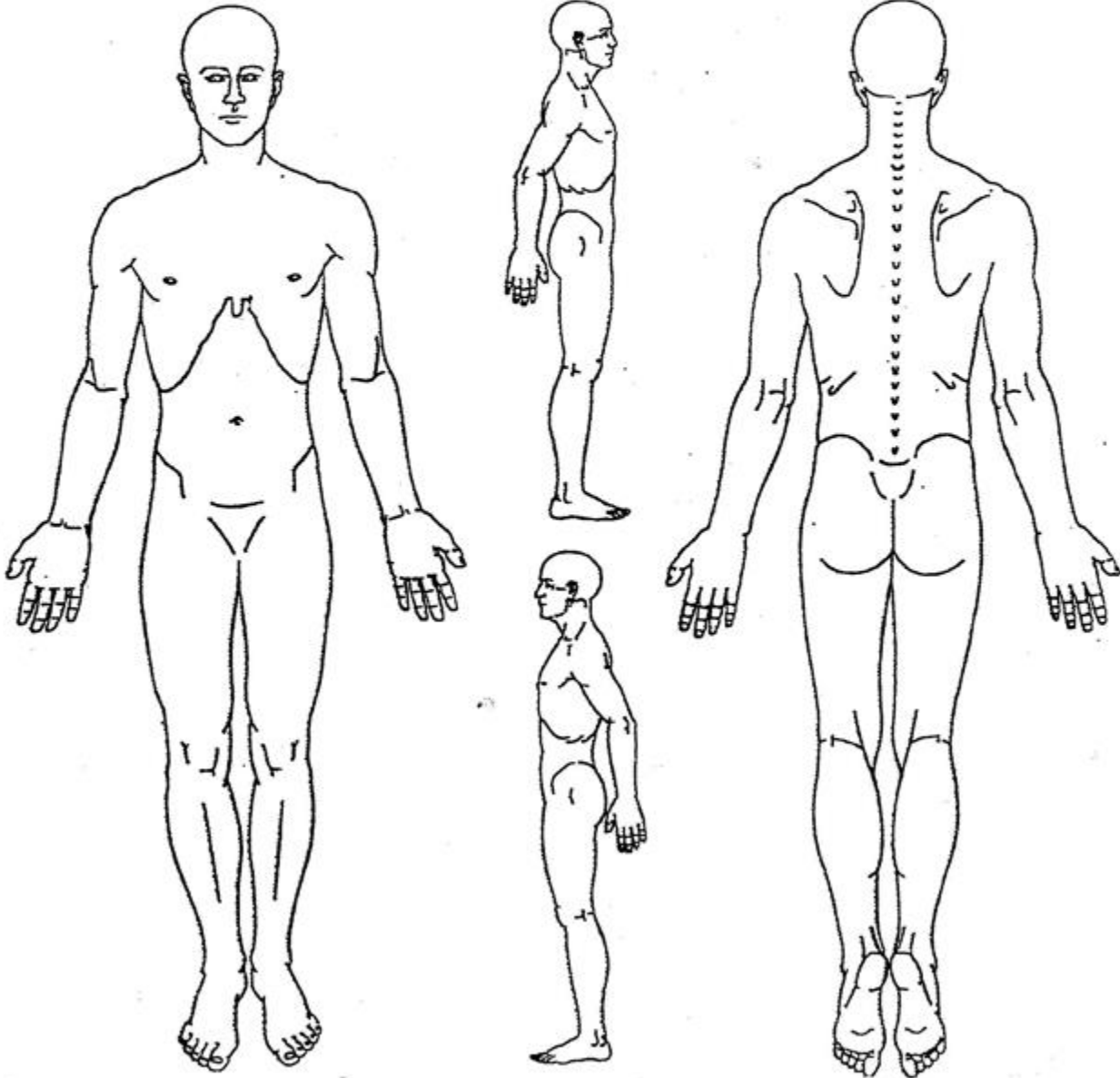
**B = Burning**

**S = Stabbing**

**N = Numbness**

**T = Throbbing**

**O = Other**



Name \_\_\_\_\_ Date of Birth \_\_\_\_\_ Date \_\_\_\_\_

### Pain Dysfunction Questionnaire (Spine 2004)

This survey asks for your views about how your pain now affects how you function in everyday activities. This information will help you and your doctor know how you feel and how well you are able to do your daily tasks at this time.

Please answer every question by **MAKING AN "X" ALONG THE LINE** to rate how much your pain problem has affected you from 0 to 10 (from having no problems at all to having the most severe problems you can imagine).

**BE SURE TO ANSWER ALL QUESTIONS.**

	0	1	2	3	4	5	6	7	8	9	10
F1.	Does your pain interfere with your normal work inside and outside the home?										
	_____ _____ _____ _____ _____					_____ _____ _____ _____ _____					
	Work Normally					Unable to work at all					
F2.	Does your pain interfere with personal care (such as washing, dressing, etc.)?										
	_____ _____ _____ _____ _____					_____ _____ _____ _____ _____					
	Take care of my self completely					Need help with personal care					
F3.	Does your pain interfere with your traveling?										
	_____ _____ _____ _____ _____					_____ _____ _____ _____ _____					
	Travel anywhere I like					Only travel to see doctors					
F4.	Does your pain affect your ability to sit or stand?										
	_____ _____ _____ _____ _____					_____ _____ _____ _____ _____					
	No problems					Cannot sit/stand at all					
F5.	Does your pain affect your ability to lift overhead, grasp objects, or reach for things?										
	_____ _____ _____ _____ _____					_____ _____ _____ _____ _____					
	No problems					Cannot do at all					
F6.	Does your pain affect your ability to lift objects off the floor, bend, stoop, or squat?										
	_____ _____ _____ _____ _____					_____ _____ _____ _____ _____					
	No problems					Cannot do at all					
F7.	Does your pain affect your ability to walk or run?										
	_____ _____ _____ _____ _____					_____ _____ _____ _____ _____					
	No problems					Cannot walk/run at all					
P8.	Has your income declined since your pain began?										
	_____ _____ _____ _____ _____					_____ _____ _____ _____ _____					
	No decline					Lost all income					
P9.	Do you have to take pain medication every day to control your pain?										
	_____ _____ _____ _____ _____					_____ _____ _____ _____ _____					
	No medication needed					On pain medication throughout the day					
P10.	Does your pain force you to see doctors much more often than before your pain began?										
	_____ _____ _____ _____ _____					_____ _____ _____ _____ _____					
	Never see doctors					See doctors weekly					
P11.	Does your pain interfere with your ability to see the people who are important to you as much as you would like?										
	_____ _____ _____ _____ _____					_____ _____ _____ _____ _____					
	No problem					Never see them					
F12.	Does your pain interfere with recreational activities and hobbies that important to you?										
	_____ _____ _____ _____ _____					_____ _____ _____ _____ _____					
	No interference					Total interference					
F13.	Do you need the help of your family and friends to complete everyday tasks (both housework and outside work) because of your pain?										
	_____ _____ _____ _____ _____					_____ _____ _____ _____ _____					
	Never need help					Need help all the time					
P14.	Do you now feel more depressed, tense, or anxious than before your pain began?										
	_____ _____ _____ _____ _____					_____ _____ _____ _____ _____					
	No depression/tension					Severe depression/tension					
P15.	Are there emotional problems caused by your pain that interfere with your family, social, or work activities?										
	_____ _____ _____ _____ _____					_____ _____ _____ _____ _____					
	No problems					Severe problems					

FSC \_\_\_\_\_ PC \_\_\_\_\_ Total \_\_\_\_\_



Name \_\_\_\_\_ Date of Birth \_\_\_\_\_ Date \_\_\_\_\_

## ACKNOWLEDGMENT OF RECEIPT OF NOTICE OF PRIVACY PRACTICES

I acknowledge that I have been provided a copy of Kutu Chiropractic LLC's Notice of Privacy Practices, which has an effective date of 9/21/13 and which describes how my health information may be used and disclosed.

I understand that Kutu Chiropractic LLC has the right to change the Notice of Privacy Practices at any time, that a copy of any updated version will be available on the website, and that I may contact you at any time to request a current Notice of Privacy Practices.

I acknowledge receipt of a copy of this Notice, and my understanding and my agreement to its terms.

\_\_\_\_\_  
Signature of Patient or Patient's Representative

\_\_\_\_\_  
Date

\_\_\_\_\_  
Print Name

\_\_\_\_\_  
Relationship to Patient (If not signed by the Patient)

Name \_\_\_\_\_ Date of Birth \_\_\_\_\_ Date \_\_\_\_\_

**Responsibility for Payment**

I understand that I am responsible to verify my insurance eligibility and coverage. If my insurance company denies any portion of my bill, denies visits or medical necessity, applies an unexpected portion to deductible, or does not pay for another reason not here listed, the following applies: I understand that the terms of coverage conveyed to me by this office or by a representative/website from my insurance carrier do not guarantee payment or accuracy. Final payment determination is made by my insurance company upon receipt of the claim and review of documents. I agree to pay any unpaid charges.

\_\_\_\_\_ Initial to accept

**Assignment of Benefits**

I hereby authorize and direct my insurance company to pay directly to Kutu Chiropractic such sums as may be due for services rendered. Any funds I receive as payment for services, I agree to promptly direct to Kutu Chiropractic. Any overages may be applied to any non-covered charges.

\_\_\_\_\_ Initial to accept

**Insurance Follow-Up**

I understand that it is my responsibility to follow up with my insurance company on incorrectly applied payments, underpayments, and denied charges. I agree to pay the difference between contracted amounts and payments provided to Kutu Chiropractic from my insurance company. As a courtesy Kutu Chiropractic may make an attempt to correct my insurance company's errors, but I understand that I am responsible to coordinate appeals with the insurance company with whom I have contracted.

\_\_\_\_\_ Initial to accept

**Failure to Pay**

If I suspend or terminate my treatment, any fees for services will come immediately due and payable. I understand that I am fully responsible for any costs to collect my bill. Costs may include, but are not limited to collection agency fees, attorney's fees, and court costs deemed necessary by Kutu Chiropractic to collect my bill. I understand that I will be charged a \$30 late fee per month for any balances due past 30 days. I additionally understand that I will be charged interest of 5% per year on any unpaid balances.

\_\_\_\_\_ Initial to accept

**Designation of Authorized Representative**

I designate Dr. Jolene Kutu and Kutu Chiropractic to the full extent permissible under the Employee Retirement Income Security Act of 1974 (ERISA) and as provided in 29 CFR 2560-503-1(b) 4 to otherwise act on my behalf to pursue claims and exercise all rights connected with my employee health care benefit plan, with respect to any health care expenses incurred as a result of the services I receive at Kutu Chiropractic. These rights include acting on my behalf with respect to initial determinations of claims, to pursue appeals of benefit determinations under the plan, to obtain records, and to claim on my behalf such health care reimbursements.

\_\_\_\_\_ Initial to accept

**Contacting You**

I agree to update Kutu Chiropractic with any contact changes. I give permission to Kutu Chiropractic to send me mail and send emails. I understand that Kutu Chiropractic may call. Financial statements will be sent to my address on file. I understand I am responsible to update the office with changes to address, phone, and email. I further understand if I fail to update my information, my insurance company may deny my bill and I will be responsible for charges.

\_\_\_\_\_ Initial to accept

**Informed Consent: Permission to Treat**

I hereby authorize Kutu Chiropractic, including Dr. Kutu and staff, to treat my conditions as deemed appropriate. I certify that the information given to Kutu Chiropractic is correct and complete to the best of my knowledge. I will not hold Kutu Chiropractic responsible for any pre-existing medically diagnosed conditions or any errors or omissions that I may have made in the completion of any documents.

\_\_\_\_\_ Initial to accept

**Informed Consent: Understanding the Risks**

Chiropractic, along with other types of health care, is associated with potential risks. There are also risks of non-treatment by Kutu Chiropractic or other health care providers and delay of other services. Chiropractic is generally considered remarkably safe though I understand that, as in practice of all health care, there are some risks to treatment. Sometimes patients experience post treatment soreness. I will tell the doctor if I experience soreness. Occasionally treatment may aggravate or cause an injury, for example to a joint, ligament, tendon, or other soft tissue. Adjustments, in rare cases, may cause a fracture. Care is taken to minimize these risks. All X-rays are harmful radiation and have associated radiation risks. Ice or heat may cause minor skin burns. Based on the latest research, stroke is not considered a side effect of chiropractic care. Please tell Dr. Kutu all your symptoms, even those you deem unrelated. Any side effects to treatment should be reported to Kutu Chiropractic promptly. I do not expect the doctor to be able to anticipate and explain all risks and complications, and I wish to rely on the doctor to exercise judgment during the course of the exam and procedures based the doctors opinions at the time, based on the facts then known, and acting in my best interest. I understand that when appropriate Dr. Kutu or Kutu Chiropractic may refer me to another provider and I agree to follow up on these referrals. I understand that Kutu Chiropractic does not promise any cure for any symptom, condition, or disease as a result of this treatment. I understand that Kutu Chiropractic attempts to provide me with their very best care.

\_\_\_\_\_ Initial to accept

**File Property**

All health care files are the property of Kutu Chiropractic and will remain on the property of this office.

\_\_\_\_\_ Initial to accept

**Keeping my Appointments- Rescheduling and No-Show Fees**

I understand that keeping my appointments is important to the success of my prescribed treatment plan. I agree to pay **\$20 for rescheduling without 24 hours notice** and **\$35 if I do not show up** for my appointment.

\_\_\_\_\_ Initial to accept

**Copy of This Agreement for your Records**

I understand that Kutu Chiropractic is offering me a copy of these agreements including HIPAA Notice of Privacy Practices and I have let them know if I would like a copy for my records. Further, I understand that this information is available to me by request at a later date.

\_\_\_\_\_ Initial to accept

**I read and understood this entire document. I, \_\_\_\_\_, \_\_\_\_\_ accept and consent to all of the above.**  
**Patient printed name                      Date of birth**

\_\_\_\_\_  
**Signature of patient                                      Date                                      Signature of staff                                      Date**

I hereby authorize Dr. Jolene Kutu, Kutu Chiropractic LLC, and whomever she may designate as assistants to administer examinations and treatment as deemed necessary to the minor of which I am parent or legal guardian.

\_\_\_\_\_  
**Signature of guardian if applicable                      Date                                      Printed name of guardian                                      Date**

## Accident Injury Statement of Responsibility at Kutu Chiropractic, LLC

Name \_\_\_\_\_ Date of Birth \_\_\_\_\_ Date \_\_\_\_\_

### **Deciding How to Pay for Treatment When You Have Been Injured**

When you've been in an accident, both the State of Arizona and Kutu Chiropractic want you to be able to seek out and afford to receive health care. Under Arizona's Collateral Source Rule you may bill: 1) private insurance 2) MedPay (medical payments under your car insurance **AND/OR** 3) a 3<sup>rd</sup> party liability (the person's insurance who hit you) and/ or that person. You also have the right to self pay for care and seek reimbursement after the fact. We try to make the process of getting paid for your health bills easier for you. First we ask that you let us know if you want us to bill 1, 2, AND/OR 3 of the above choices, or none.

### **Private Insurance:**

Sometimes people choose to bill their private insurance to make sure someone pays the bill in case the liability company does not pay or accept liability. Some choose not to bill their health insurance because they have limited chiropractic visits per year or a managed plan, and they want to save those visits for after the accident coverage to be used later. Some insurance companies will not pay if injuries are due to an auto accident and some one else is at fault. If your insurance, post-payment, denies your bill for being due to an accident, you are responsible for the entire bill. If you choose to only bill your private insurance for payment, you are responsible to pay your co-pays, co-insurance, and deductibles at the time of your visit.

### **Medpay (Medical Pay):**

Some people have a MedPay plan on their car insurance policy. This is an additional item that you PAY for to cover you if you are injured in an accident. Usually these policies cover \$5000-\$10000 in care and may bridge the gap on your insurance deductible, cover you if you are injured by an uninsured or underinsured motorist, or pay for care in offices that don't accept you on lien. We can help you look at your declarations page of your insurance to see if you have MedPay. Some choose not to bill MedPay thinking it may raise policy costs; please check with your car insurance carrier or agent. When billing MedPay, we wait for payment until the end of your case and usually you are not responsible for any payments along the way.

### **3<sup>rd</sup> Party Liability:**

Billing the insurance of the person who hit you or that person directly gives them the responsibility to pay for injuries sustained in an accident. Most people choose to have us assist them in billing their liability insurance. While it may sometimes require some effort, most still choose to use this option alone or along with another option. When billing a 3<sup>rd</sup> party liability, we wait for payment until the end of your case and usually you are not responsible for any payments along the way.

### **Self Pay:**

You may pay for treatment out of pocket. Some people want to pay upfront and handle all the settlement themselves. You may use this option to take advantage of our pay at the time of service discounts. Most people choose not to use this option due to the high out-of-pocket costs. It may take a few months up to 2 years to be reimbursed by insurance or 3<sup>rd</sup> party liability. Patients and insurance carriers may take advantage of Pay at Time of Service discounts. If payments are not made at the time of service, they are subject to full fee.

### **Overpayment:**

If you choose to use more than one method of payment and there is an overpayment for the total of your account balance, the overpayment will be refunded to you as part of your settlement.

Name \_\_\_\_\_ Date of Birth \_\_\_\_\_ Date \_\_\_\_\_

**Lien Acceptance for Billing 3<sup>rd</sup> Parties:**

When Kutu Chiropractic bills a 3<sup>rd</sup> party liability on your behalf, we assign a **medical lien**. This is a legal binding document filed with the Maricopa County Recorder’s Office to protect that Kutu Chiropractic receives payment for your claim.

In consideration of Kutu Chiropractic, LLC (known from here on as Kutu Chiropractic) undertaking to treat me, I agree to the following:

**Authorization to Release Information**

Kutu Chiropractic is authorized to release any information that they deem appropriate concerning my judicial condition to any insurance company, attorney, or adjuster in order to process any claim for reimbursement of charges by me as a result of professional services rendered by Kutu Chiropractic. I hereby release Kutu Chiropractic of any consequence thereof.

\_\_\_\_\_ Initial to accept

**Authorization to Pay Directly to the Doctor**

I authorize a direct payment to Kutu Chiropractic of any sum I now or hereafter owe Kutu Chiropractic by my attorney out of the proceeds of any settlement of my case and/or by any insurance company obligated to reimburse me for the charges of your services in whole or in part. I also give this office power of attorney to endorse checks made out to me in regards to this case to be credited to my account.

\_\_\_\_\_ Initial to accept

**Authorization of Lien Assignment**

I hereby knowingly grant authorization and give my permission to Kutu Chiropractic to record and serve a lien assignment upon myself and all parties who may be liable to me for damages arising from the claim from which I am about to receive care. I understand that by doing so I have entered into a contractual obligation with Kutu Chiropractic that guarantees payment of service by assigning to said provider any and all 1<sup>st</sup> party or 3<sup>rd</sup> party benefits and the monies that I may be entitled to by reason of the injuries I have sustained in such amount as is necessary to pay the providers bill.

\_\_\_\_\_ Initial to accept

I understand that payment will include an administrative expense with processing my claim to include the charges by Kutu Chiropractic for recording and serving a lien assignment upon any liable parties and their insurance companies.

\_\_\_\_\_ Initial to accept

I further understand that as part of the process of recording a public record, I will receive certified mail with a copy of the lien assignment enclosed and that this copy is for my own records and does not require a response.

\_\_\_\_\_ Initial to accept

**Acceptance of Fee Schedule**

A list of fees is available for your inspection upon inquiry with Kutu Chiropractic. You are being given the opportunity to review the listed fees for reasonableness, and for being customary within the geographical vicinity, and that by accepting services I agree that the listed fees are reasonable and customary and waive the right to argue otherwise later.

\_\_\_\_\_ Initial to accept

\_\_\_\_\_  
Printed Name

\_\_\_\_\_  
Signature

\_\_\_\_\_  
Date



Name \_\_\_\_\_ Date of Birth \_\_\_\_\_ Date \_\_\_\_\_

**1. Private Insurance:** \_\_\_\_\_

- a) Per Calendar Year or Per Year Other \_\_\_\_\_ to \_\_\_\_\_
- b) Deductible \$ \_\_\_\_\_ Total Met \$ \_\_\_\_\_
- c) Exam co-pay \$ \_\_\_\_\_ Co-pay per visit \$ \_\_\_\_\_ Co-insurance per visit \_\_\_\_\_%
- d) Max payment per treatment \$ \_\_\_\_\_ Max Total pay \$ \_\_\_\_\_ Max number of treatments # \_\_\_\_\_  
Max out of pocket \$ \_\_\_\_\_ Out of Pocket met? Yes or No
- 5) Does this policy need a referral? Yes or No
- 6) Your policy is authorized by CHIROSOURCE or ACN or AXIA? Yes or No
- If checked your insurance does not cover your physiotherapy, this is an additional \$30 charge per visit.
- 7) We can not bill Medicare, Medicaid, or AHCCCS for your injuries services.

**CHOOSE ONE:**

- 1) \_\_\_\_\_ I would like Kutu Chiropractic to bill my private health insurance for my visits.
- 2) \_\_\_\_\_ I do not want Kutu Chiropractic to bill my private health insurance for my visits.

**2. MedPay (Medical Payment) from Your Car Insurance Policy:** \_\_\_\_\_

- a) Benefit \$ \_\_\_\_\_
- b) Other \_\_\_\_\_

**CHOOSE ONE:**

- 1) \_\_\_\_\_ I would like Kutu Chiropractic to bill my MedPay for my visits.
- 2) \_\_\_\_\_ I do not want Kutu Chiropractic to bill my MedPay for my visits.

**3. 3<sup>rd</sup> Party Liability :** \_\_\_\_\_

- a) We will bill the party at fault in the accident on your behalf. Typically your bill is paid from the settlement total. Typically, your settlement will cover the entirety of your bill.
- b) Other \_\_\_\_\_

**CHOOSE ONE:**

- 1) \_\_\_\_\_ I would like Kutu Chiropractic to bill the 3<sup>rd</sup> party liability for my visits.
- 2) \_\_\_\_\_ I do not want Kutu Chiropractic to bill the 3<sup>rd</sup> party liability for my visits.

**4. Pay at Time of Service Discounts- Self Pay or No Insurance Coverage:**

- a) You pay up front or at the time of service for treatment.

**CHOOSE ONE:**

- 1) \_\_\_\_\_ I will be responsible for my bill and pay at the time of service, not options 1, 2, or 3.
- 2) \_\_\_\_\_ I do not want to use the time of service, self-pay discount. I choose options 1, 2, &/or 3.

I choose (circle all that apply): Insurance, Medpay, and /or 3<sup>rd</sup> Party Liability, **OR** Time of Service  
Estimate for today's visit: \$ \_\_\_\_\_ Estimate for additional visits: \$ \_\_\_\_\_  
Other: \_\_\_\_\_

I understand that the above estimations are a courtesy based on knowledge to date by Kutu Chiropractic, LLC (referred to as Kutu Chiropractic for the remainder of the document). This is not a guarantee of benefits or coverage. I understand that billing may vary per treatment day depending on the care required.

**Whether by self-pay or by insurance, I agree to pay for my bill in full.**

\_\_\_\_\_  
Printed Name

\_\_\_\_\_  
Signature

\_\_\_\_\_  
Date

**Please bring the following items with you to your appointment:**

**Copy of the police report**

**Your car insurance policy declarations page**

**The name and insurance information of the at fault party(ies)**

**Incident Claim Number (if you have one already)**

**Any Xrays or MRIs you may have had at Emergency or Urgent Care**

**Thank you.**